

Gratitude Creates Blessings

By Carolyn Ballenger

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Although some choose to grumble and complain about everything that goes wrong.
I'd rather see the blessing in each moment, it's easier to live with a heart that is strong.

By letting go of all that doesn't serve me and living with a grateful heart.
That's all I need to do for my new life to start.

Cause when you forgive all that's passed and you realize you get what you give,
Then it helps to create the place that you live.

Give thanks for all the blessings even before they appear,
With daily affirmations you have nothing to fear.

Cause I want to be grateful for puppy kisses and baby cuddles
Enjoying sunny beaches as well as walks thru puddles.

To understand it's the storm that brings the rain
That gives us the flowers and gives us the grain.

It's the pressure on the coal that makes the diamond shine so bright
And it's only our own thoughts that create within us a fight.
So as we release and allow we have room to be filled with the light.

So dwell on what you have and love and not on what you lack.
Enjoy each moment in your life, rather than giving others slack.

Cause I believe in the power of thought to manifest my life.
If we just keep being grateful, it's a shorter journey thru the strife.

And so by being grateful for all the things I see,
You allow even more blessings to flow right straight to me.

And by being grateful for each moment I know that I'll be blessed
With all my heart desires and with all my body can quest.

So when we feel we've stumbled and lost a little ground,
Help us reconnect and center, seeing blessings all around.

When we feel we've stumbled or lost a little ground,
Help us be grateful for our blessings that we see all around.

It really is that easy and it really works that fast,
And the more you practice doing it, the longer it will last.

I know my gratitude creates more blessings and that's how I choose to live.
Being thankful for each moment and sharing all my heart can give.